HERITAGE
International School

THE INTERNATIONAL HERITAGE HERALD

February 5, 2021

GENERAL

Quote: *"As we commemorate the International Day of Human Fraternity, let us commit to do more to promote cultural and religious tolerance, understanding and dialogue"*

UN Secretary-General António Guterres

Director's weekly notes- "The view from Dacia Boulevard"

As we entered the month of February in school this week, the iconic "Groundhog" day in the USA, took on a whole new meaning as we approached the one year anniversary of the pandemic hitting Moldova. Please take some time to read here in the IHH, the UN January 2021 report in Covid19 for Moldova. To be safely in physical school daily is still a blessing I am grateful for daily. When I look at the education and learning in the Heritage schools I am very proud of the incredible professionalism and dedication of all teachers and support staff ensuring our model works, children are safe and children are engaged in meaningful learning. This week was no exception and as you take a look through the IHH newsletter, you will see the work of the staff, the learning of the students and the rich educational opportunities in our classrooms, online and outside, daily.

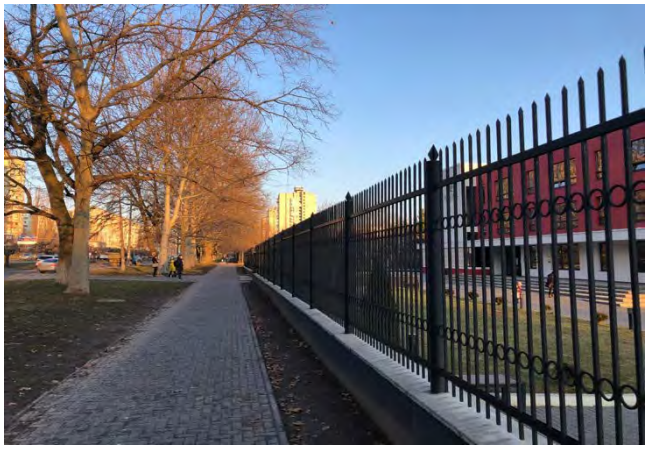
This week, we marked the UN's International Day of Fraternity and our global fraternity is at the very heart of being an outward facing, international school. As we strengthen this through collaborations and networks, our formal partnership with COBIS moves onto the final stage of our accreditation as we get ready for their compliance online visits later this academic year. We have benefited enormously working with our international partner schools in the Black Sea Schools group of COBIS and next week I will be meeting my fellow directors and principals for our regular meetings as we support one another in this pandemic. Our senior leaders in support staff were also involved in the annual COBIS conference for them and again, making sure the school is operating at such high international standards in our model is crucial for what sets us apart in the region and for our ambition to be one of the best international schools in Europe. COBIS also allows for our students to enter their competitions and Mrs Liliana has just sent off our poetry entries from our students and it is fingers crossed for all of them. You can see the exceptional creativity and writing skills from our students in the latest February edition of the Heritage Globe and my thanks to Mr.Chris and all his editorial team for such a rich edition this month. This month we celebrated formally, the achievement and progress of students, recognising their success by sharing it with their families and with our wider community. We are proud of all of our students and I am pleased we have launched a more formal reward system to support learning and self esteem. The names of our first student recipients are in this IHH.

Next week, we have a whole range of learning events for staff and students as part of theEU/Etwinning's Safer Internet Day and it was this time last year that we were unwittingly preparing for our new normal and model of education with the foresight of our school's innovation and strategy to develop & adapt learning constantly. We are also deeply honoured on the 12th February to have Baroness Royall, former Leader of the House of Lords in the UK and the principal of Somerville College, University of Oxford. Jan is a dear friend and supporter of education from my Forest of Dean days and it is a privilege to have her give her time to speak to our students and those from other Moldovan schools as we have invited our colleagues in the national education community to share in this very unique Founders' Lecture. There is not a day at Heritage where something incredible isn't happening. On Wednesday, thanks to the brilliant leadership of our international education coordinator, Mrs Tatiana, our students and school were fortunate enough to be involved in the prestigious "Goals Project" and were touring the UN in New York

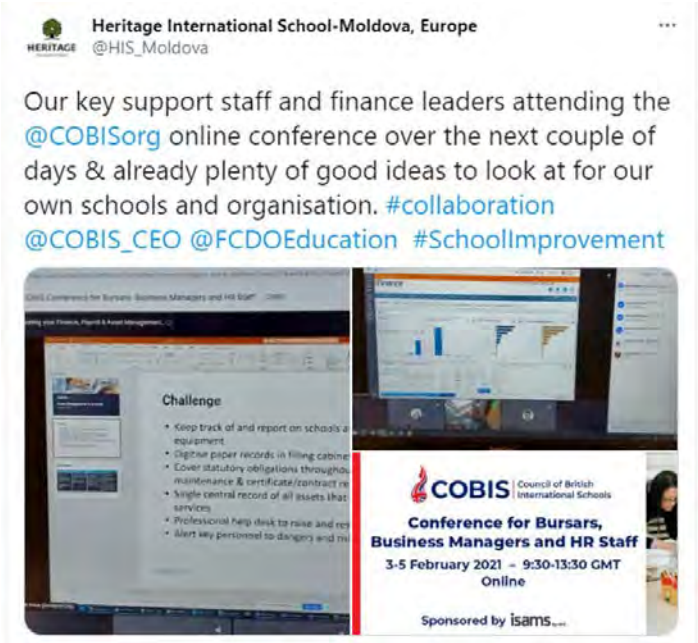
virtually with other schools from around the World and taking part in this unique global education conference. I know from my international work and with my British Council role, we are really setting the bar high here for what an international school should be in the 2020s. We have a fantastic school community here in Moldova.

It will be the Chinese Lunar New Year next week on the 12th February, and it will be the year of the Ox. We often speak about what "strength" and "resilience" means in education in our schools around the World, especially right now. As the "groundhog" weariness of the pandemic sometimes sets in and Spring still seems a long way off, there are so many examples of the human spirit that we can draw upon as our inspiration and role models. One of them came from the crisis and my home country last year in the form of ex WWII veteran and 100 years old pensioner, Tom Moore. Tom's heroic and yet personally modest example, he gave of raising money for the health service and using his voice and example to give people hope from around the World, has been the light, as poet Amanda Gorman spoke of at the Capitol on the 20th January, all of us needed to see and become in this pandemic. Captain Sir Tom Moore, sadly died this week after a long life, a great innings, and we are privileged to see such role models for ourselves and our children to help us all get through and out of this long winter as an international education fraternity.

Rob Ford
Director



Heritage in the news:



Reportaje about Heritage at TVR Moldova channel
https://www.facebook.com/watch/live/?v=347411374948106 2&ref=watch_permalink

Our Student Newspaper
The Heritage Globe
Click Below
https://sites.google.com/heritage.md/heritageglobe

***The February edition of the Heritage Globe** has been published! Please visit the newspaper to explore all that is going on and what our students are doing.*
https://sites.google.com/heritage.md/heritage-globe/home

This edition has such a great array of content, including sports, book reviews, tech, holocaust rememberance, video game review, editorials, short stories, a trivia quiz, and art. We also introduced a new chatbot feature.

Exhibition "Sunshine"
The youngest students love the sunshine! This is how they see and feel the light of the sun!
https://sites.google.com/heritage.md/artgallery/exhibition-sunshine

Exhibition "Art in Our Heart"
Students are very creative in their free time! Let's enjoy their beautiful artworks!
https://sites.google.com/heritage.md/artgallery/exhibition-art-in-our-heart

Articles of Interest:

- ***Ion Creanga's fairy tales animated in 2D.*** *A new "life" has been given to the characters of Ion Creanga's fairy tales, a digital one, in 2D format. "Kreyon" animation studio obtained financial support from the EU for the project "Fairytales of Ion Creanga in 2D". Now, the Old Man's Daughter and the Old Woman's Daughter, the Woman with Three Daughters-in-Law, as well as characters of other stories are talking to the kids not only in Romanian, but also in Russian and even in English. The project was carried out with the financial support of the European Union, offered within the EU "Confidence Building Measures" Programme, implemented by UNDP.*
https://www.md.undp.org/content/moldova/en/home/presscenter/pressreleases/2021/povesti-ion-creanga-2d-ue-pnud.html

- ***What is a banya? What do Russians do when they go to the steam-room, and what are those conical hats they're wearing?*** *Madeleine Cuckson speaks to Banya No. 1 founder Andrei Fomin to answer all the questions you might have had about the traditions and future of the Russian bathhouse. This episode was presented and recorded for Pushkin House by Madeleine Cuckson. Listen here on the Pushkin House website: https://www.pushkinhouse.org/ph-podcast/2021/2/2/all-about-the-russian-banya*

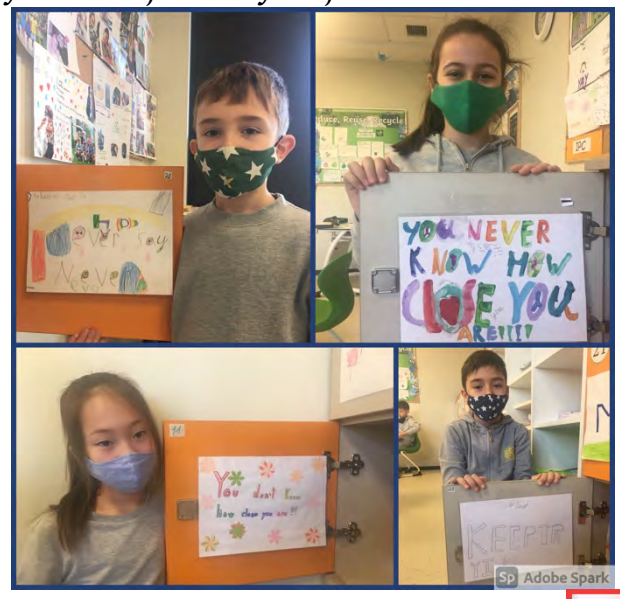
- ***UN Moldova COVID-19 Monthly Bulletin - January 2021***
● *The 30th of January 2021 marked the one year 'anniversary' of the WHO declaring the novel coronavirus outbreak a Public Health Emergency of International Concern. On 28th January, the world surpassed 100 million reported cases;*
● *The monthly number of new coronavirus cases dropped sharply in January, which saw a total of 14,986 new cases. This represents a 60% decrease compared to the number of new cases reported during the previous month. Weekly figures, nevertheless, show a more nuanced picture of the evolution of the pandemic in the country. For the most part of the month, the growth in coronavirus cases continued on the gradual downward trend that started in the middle of December. However, last week, saw an uptick in new cases, signaling a potential change in the situation. We cannot afford to get tired of Covid! We all need to continue practicing the safe measures inside and outside of school; https://moldova.un.org/en/110066-un-moldova-covid-19-monthly-bulletin-january-2021*

Notes from Ms Elize

Welcome to February! The last month of winter. After days of grey cloudy weather the sunshine today was a welcome change. It instantly lifted my mood and boosted my morale.

However, just as the sun is not always shining, life is not always a walk in the park.

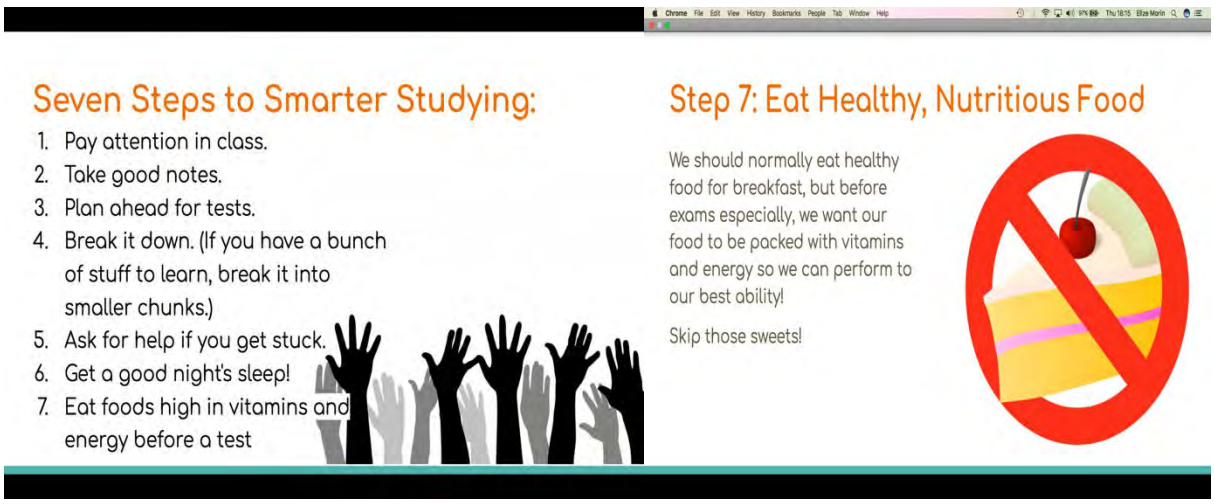
My students and I discussed ways we can keep ourselves positive. The students each chose a personal motto. They made a poster and then we laminated them. They put up their posters on the inside of their cubby doors for easy reference. We love all the positive vibes coming from room 108!



6E presented a cultural dance in Global Perspectives; students researched a culture they were unfamiliar with, and choreographed a dance to perform for the class. We saw performances from Scottish, Mexican, Japanese, and Ukrainian cultures!

We are all battling with feelings of anxiety from time to time. This could be work or school related. Often it can also be caused by social insecurities or when we are facing a challenge.
However we need to let this ruin our day or take from us the value of overcoming a challenge or reach a difficult goal. There are plenty of helpful tips and strategies we can use and follow when we feel anxious or overwhelmed. The poster below contains tips and strategies with delightful illustrations which make it easy for young and old to follow.

This week our Assembly came from Ms Allie and 6E. They had their first round of Mock exams this week! This is a great milestone and we wish them all the best of luck for their upcoming Checkpoint Exam in April!
They showed us good study habits and presented tips we can all use to promote successful learning experiences.



More winter fun with Ms Vlada 4B and Ms Turker and 2E

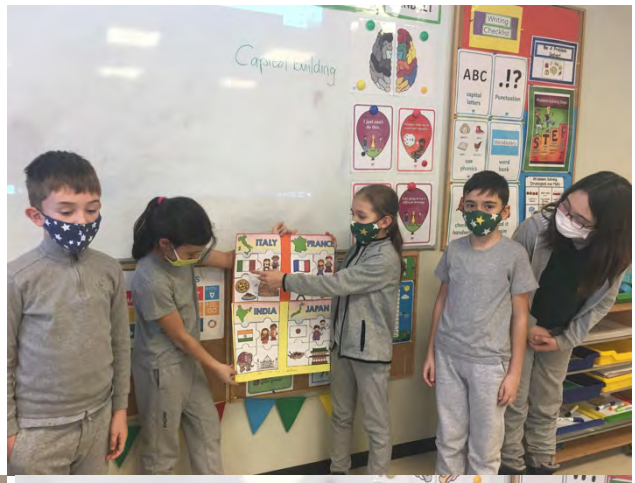
There is so much love at Heritage "Even the snowballs at our school are heart-shaped!"

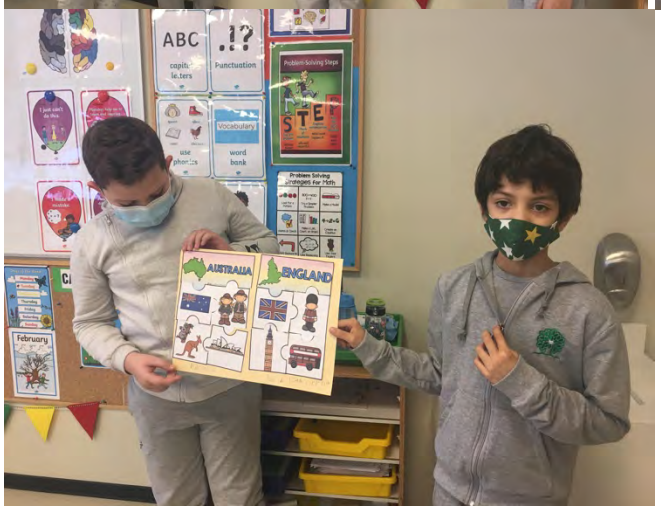
Grade 1B and Ms Marina had fun in Romanian and IPC this week.

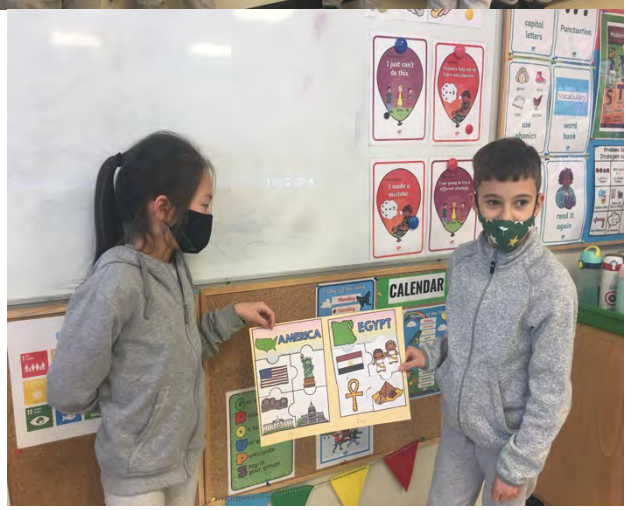
Clubs give students the opportunity to enjoy some activities after school while still learning and exploring various skills and crafts.
Some clubs focus on creativity while others keep our students moving.
Our Dance Club students definitely have some ttalent!

With Valentine's Day around the corner hearts were the theme in Craft Club this week.

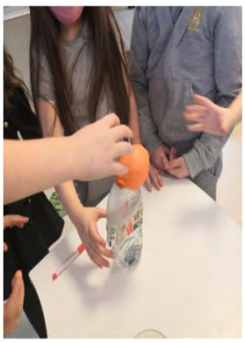
In IPC 3E has been learning about cultures, traditions and celebrations around the world. We learned about the differences and similarities between our own cultures and those from other countries and cultures across the globe.







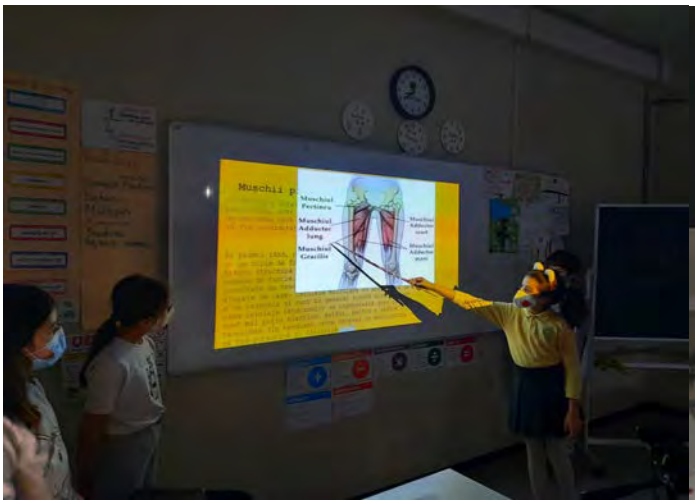
This week, the 1st class has successfully completed learning the Alphabet. They organized a letter's hunting. Kids made amazing group projects about seasons. They studied with much interest the properties of water and discovered amazing things about it.
The Conclusion is: Together only we can make School get even better.

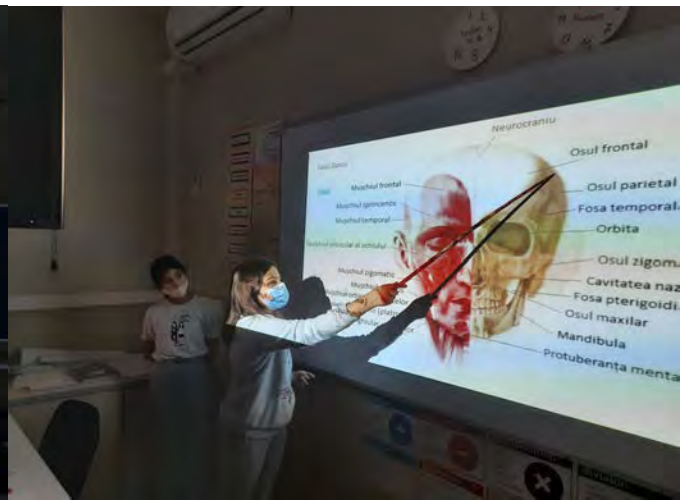


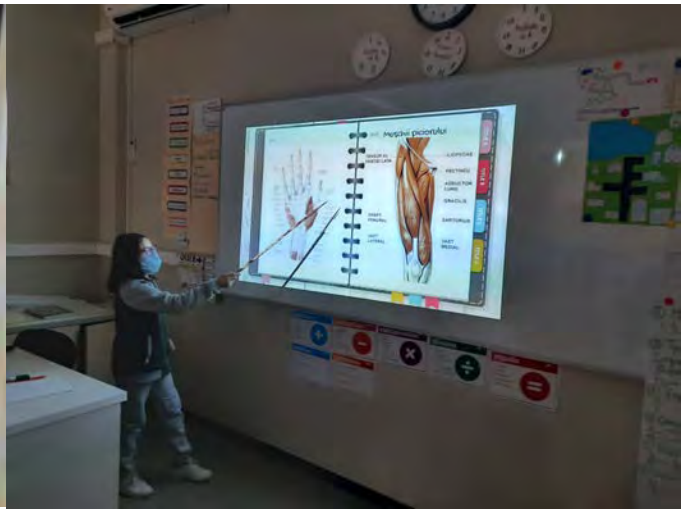
It is easier to learn new sounds and words through games. Here is our Garden Snail Hide and Seek. Students needed to pick a snail, read the word hidden under it and then to write it on white board. Our 1E children enjoyed it so much, and remembered all the words.

The application of math
Hazel "the Historian" - displays her creation of one of the first tools used in math, the abacus. The abacus was a very important tool back in the day when numbers had not been invented. It served as a manual calculator and help many people add and subtract large numbers.

4A students are great at enquiry-based learning and team work, this week they have learnt about muscles and movement







PRIMARY STUDENT COUNCIL

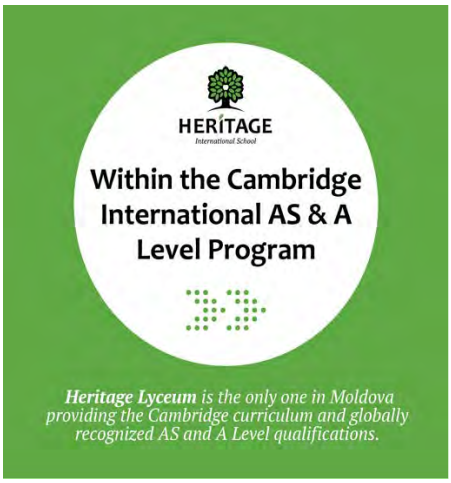
"The Primary Student Council had a very busy week, and each committee was able to start on their various projects! The Engineering Committee dedicated their time to repairing clocks around the school, and taking notes from class teachers regarding any technology that needed to be fixed.

The Eco-Committee began organizing Heritage Recycling Stations, where students on each level of the school will be able to recycle paper, plastic, and glass. The committee will collect and recycle the materials daily (in a sanitary manner of course!). The stations will be ready next week, courtesy of the Engineering Committee!

The Art Committee began preparing decorations for Valentine's Day, to be displayed around the school. They will also pass out paper hearts to all Primary Classes on Monday; students may write something that they love- family, pets, school, etc.- on their heart and a collage will be put together by the Art Committee that is to be displayed at the entrance of the school!"

News from Secondary

Choosing and applying for a study programme. With so many world-class higher education programmes on offer across Europe, choosing what to study and where can be difficult! Use this EU website to help look at universities in Europe after A Levels. https://ec.europa.eu/education/study-in-europe/planning-studies/choosing-applying_en



•Many thanks to all those who asked to serve on the Gymnasium Student Council 2020-21. We have written to all of you who applied about the next steps and the first meeting, with Miss Allie, next week.

•There is definitely an improvement around key school issues such as lateness, dress code and use of devices. Keep this going. We need all our students looking like Heritage students!

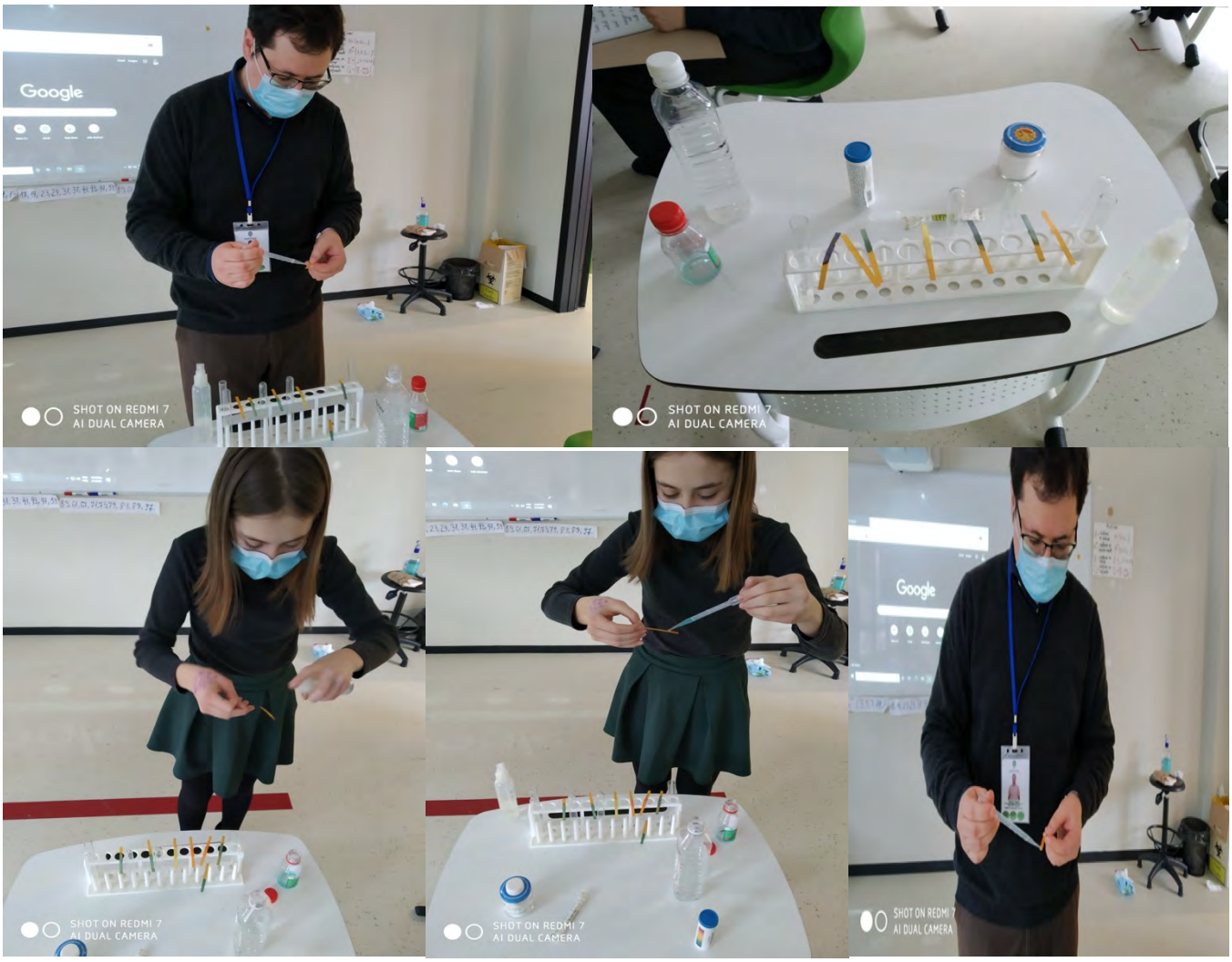
•Mr. Chris is always looking for new writers to the Heritage Globe.

•Well done all those in lower secondary with getting ready for the Checkpoint mock tests (February 22-26).

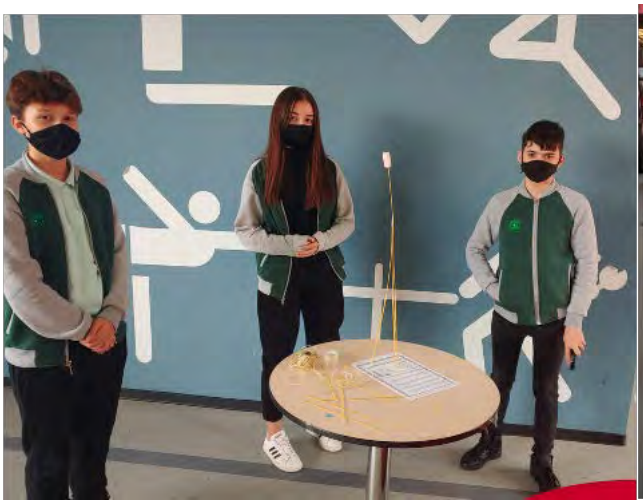
•Grade 10 Lyceum applications need to be completed so we can get working on the subject choices offer and staffing for 2021+

•6th Founders' Lecture; Baroness Jan Royall, former Leader of UK's House of Lords, Principal of Somerville College, University of Oxford, 15th Feb and we will be joined by students from local schools as we invite them to join us for this unique and prestigious lecture.

On Wednesday, 6A worked on Acids and Alkalis topic. They tried to spot some differences between natural and chemical bases. They were involved in some experiments and they used litmus to distinguish the colours on PH scale



Students can still enjoy learning and collaborating, even with measures in place!
Consistency, constant monitoring, and being vigilant. It is hard work, but it is worth the experience for the students. We have to teach students how to work together and collaborate in difficult situations and under such circumstances. How can we build the tallest freestanding structure with a marshmallow on top, in a limited amount of time? Additional constraints, one person holding, one cutting, one taping, etc. all while observing the distance. Can it be done? Yes, it can. Was it tiring for me? YES, IT WAS! was it worth it? Absolutely.

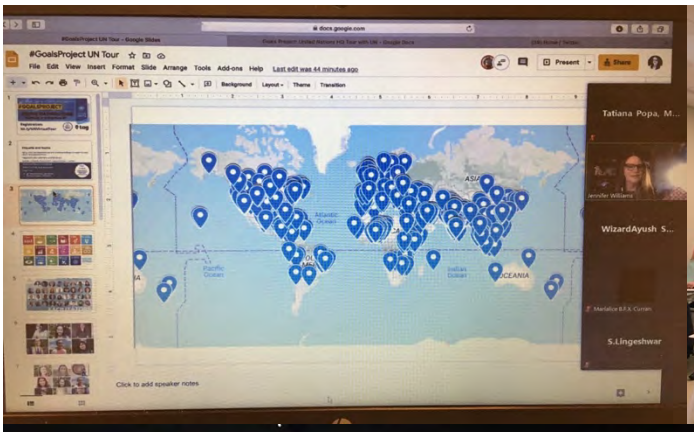


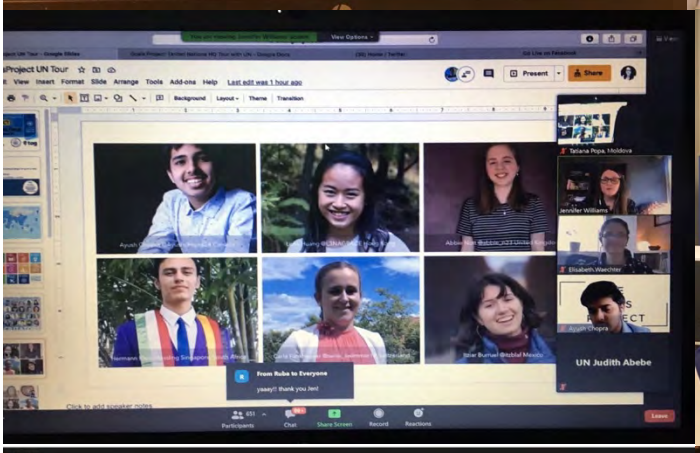
8B students explore music genres and rhythms

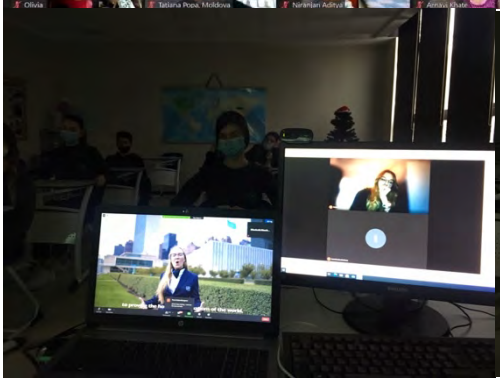
The students from grade 6 E today have found about impressionism and the technique of impressionism movement painting the" Sunset in Vanice" by Claude Mone

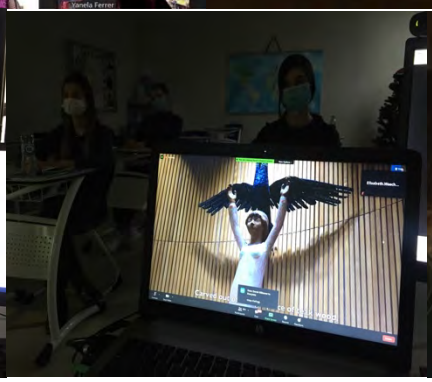
Global Education:

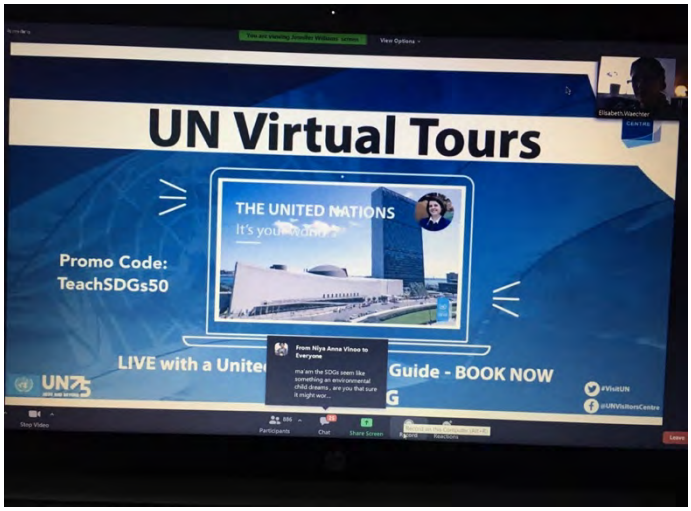
This week, our students were involved in Week 2 of the Goals Project. They studied about their class goal, learning more about their assigned SDG. As mentioned in Bianca Sirbu's blog post for Heritage Globe, there are several teachers at Heritage school who are involved with their classes and are connected to other 3000 classrooms around the world.







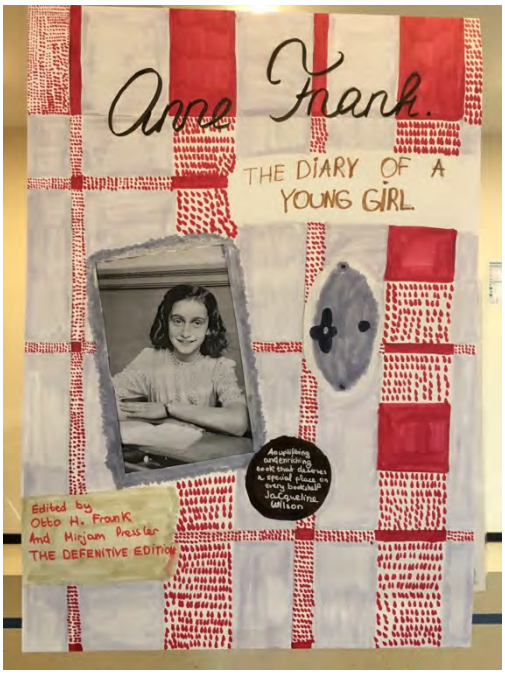


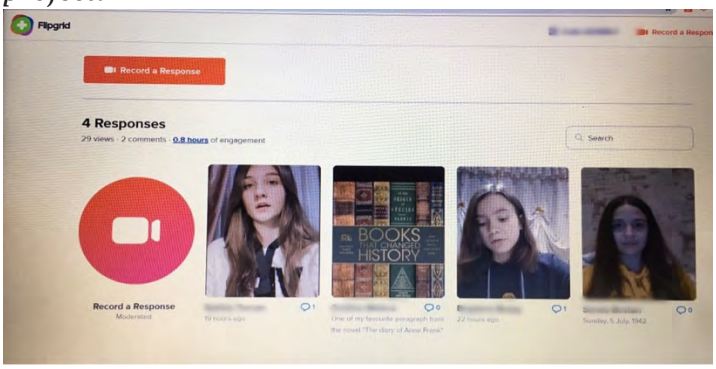


On Wednesday, as a gift to the Goals Project, the United Nations offered a virtual tour into the UN headquarters - thus 1000 participants in the project could join the Zoom meeting for the virtual tour, and a very interesting Q&A session with tour guides at the UN. The students were very curious about how they became tour guides at such a young age, but also regarding the work of the United Nations in general and their agenda for the SDGs 2030.

Our IGCSE students had the chance to ask questions,too, and to get answers as well.

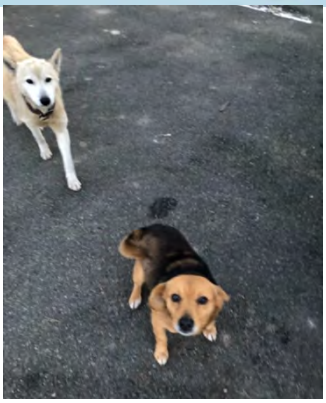
On February 1, we celebrated the World Read Aloud Day, together with the entire world. Students in grade 8 participated in the WRAD, only this year they connected their resdings virtually on Flipgrid, reading fragments from Anne Frank Diary, as part of 'Books of Our Times' eTwinning project.

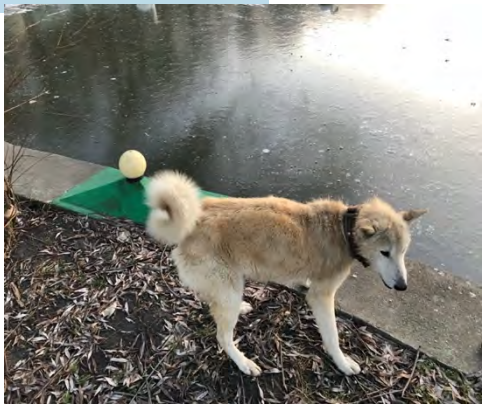




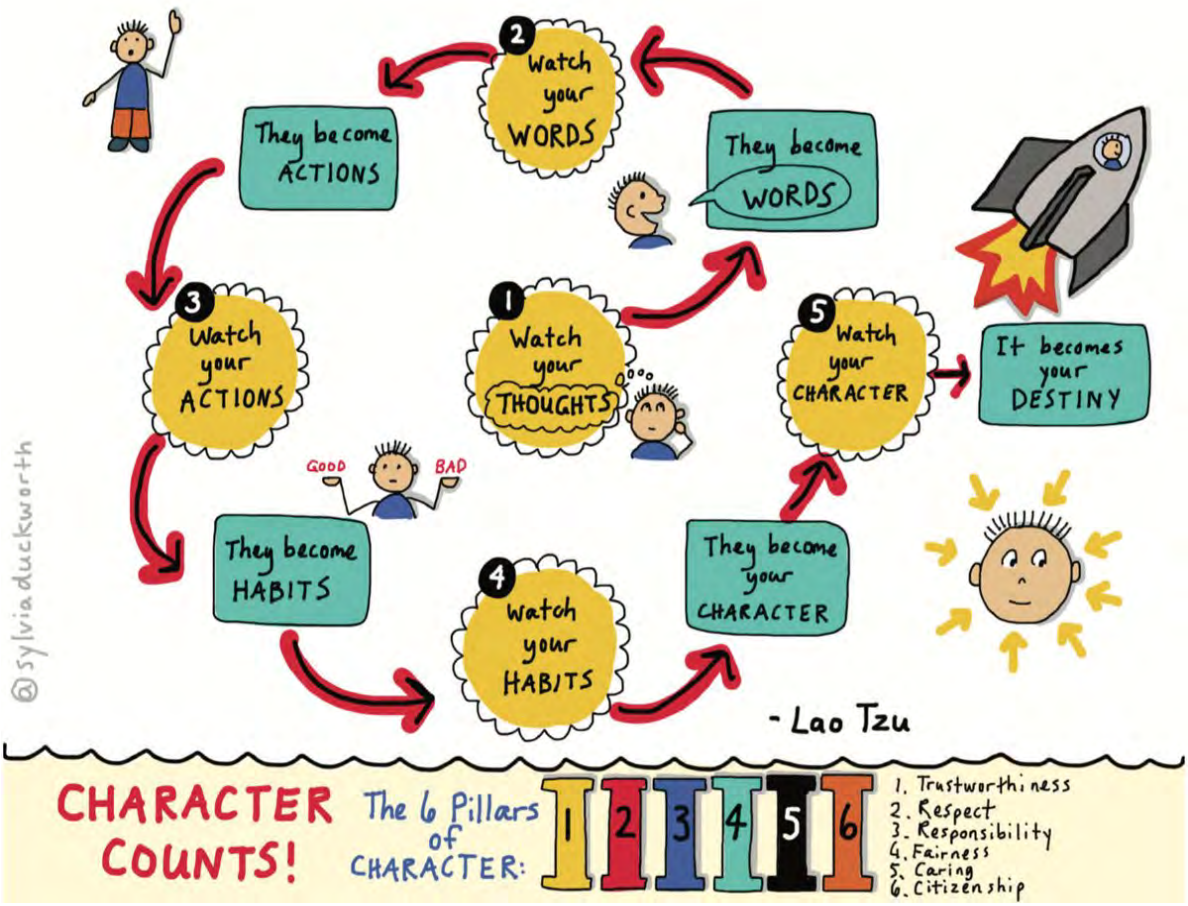
As part of our global activities, next week we celebrate the Safer Internet Day on Tuesday, February 9th. There are lots of resources about internet safety for students, parents and educators here: https://www.saferinternetday.org/

Wild birds often are struggling during the winter for food so think about combining a nice walk for fresh air and feeding them on the way if any are near you. Don't forget to keep supporting our animal charity via their facebook and instagram sites (FOMs - AREAL) this winter.



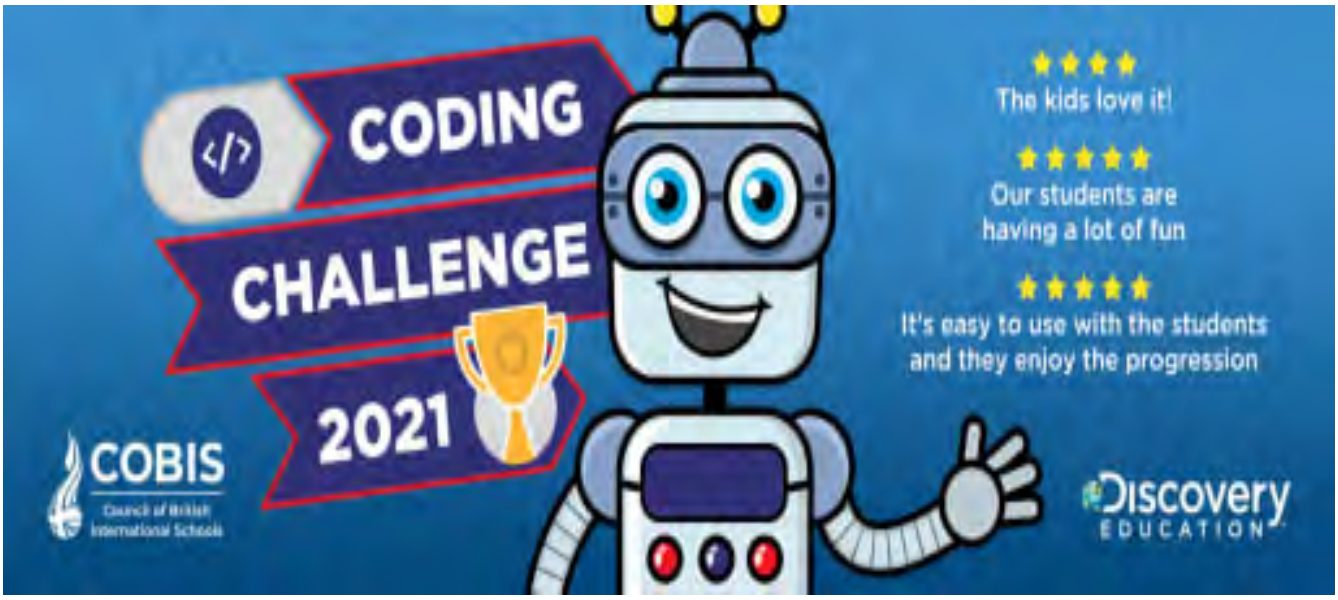


Heritage Art Gallery:
Winter Art and Artworks from the First Semester
https://sites.google.com/heritage.md/artgallery/winter-art
https://sites.google.com/heritage.md/artgallery/primary-artworks-2020-2021



Discovery Education's student Coding Challenge *Children will gain a firm understanding of coding concepts like algorithms, sequences and variables – while practising computational thinking through problem-solving and the breaking down of tasks into logical steps. Using Discovery Education Coding, students will be guided through a sequence of activities to familiarise themselves with the platform and develop their coding skills - before unleashing their creativity to design their own app!*

Students can work individually or in groups of up to four. There will be two challenges, one for ***children aged 5-7*** *and one for* ***ages 7-12****.*

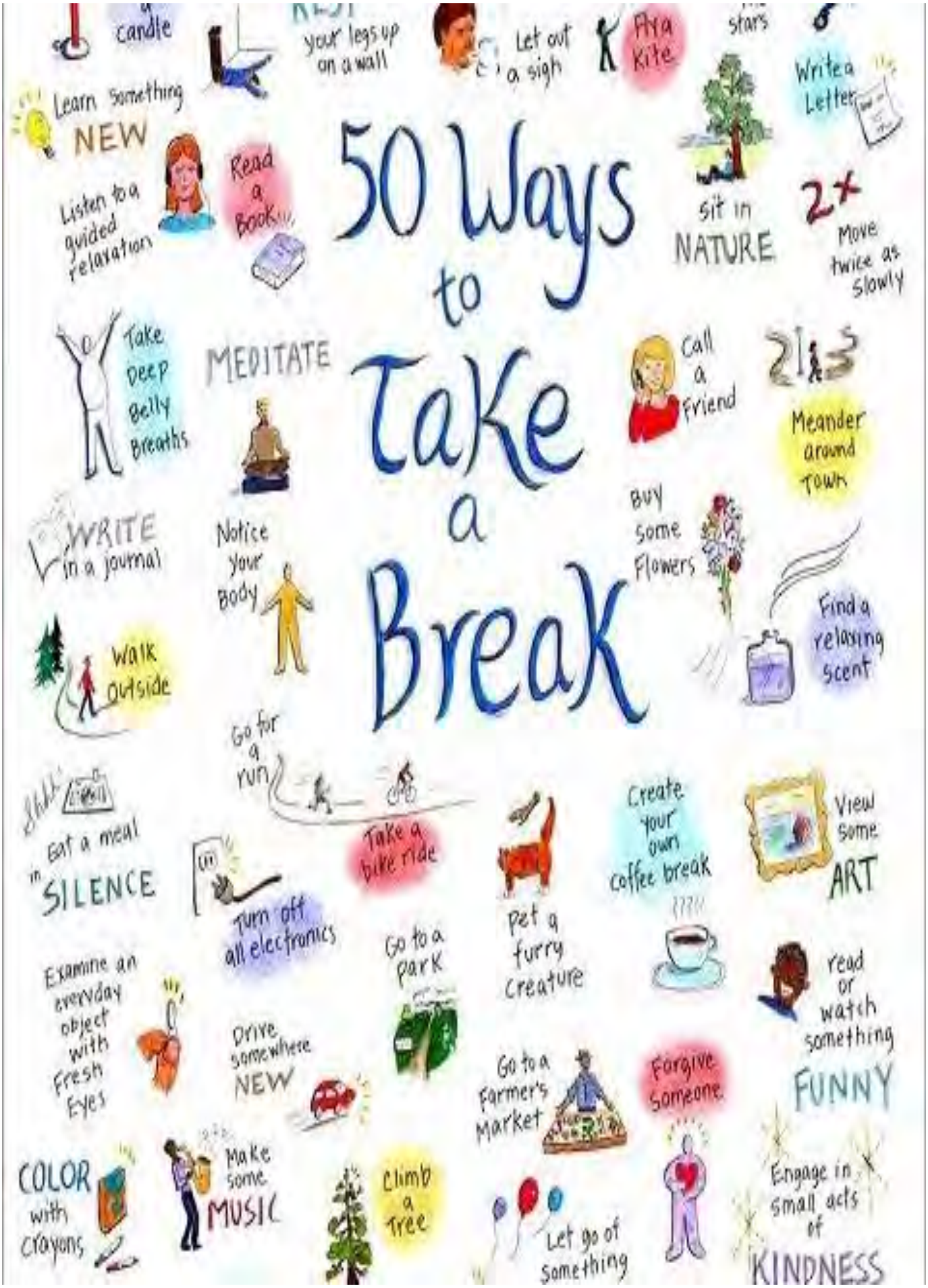


Black Sea Online Maths Cupon the 17th February 2021, *for Year 5 & Year 6 students (UK grades)-your Math teacher will provide the details, we will need to select 10 students to participate*

WHO/Europe @WHO_Europe

Physical distancing doesn't mean social isolation!

During #COVID19, reach out to friends & family members online or by phone if you're unable to meet in person. It's important everyone stays safe & connected.


50 Ways to Take a Break
candle
your legs up on a wall
Let out a sigh
Fly a Kite
stars
Write a Letter
Learn something NEW
Listen to a guided relaxation
Read a Book
sit in NATURE
2x
Move twice as slowly
Take Deep Belly Breaths
MEDITATE
Call a Friend
Meander around Town
WRITE in a journal
Notice your Body
Buy some Flowers
Find a relaxing scent
Walk outside
Go for a run
Take a bike ride
Eat a meal in SILENCE
Turn off all electronics
Create your own coffee break
View some ART
Pet a furry creature
Go to a park
Examine an everyday object with Fresh Eyes
Drive somewhere NEW
Go to a Farmer's Market
Forgive someone
read or watch something FUNNY
COLOR with crayons
Make some MUSIC
Climb a Tree
Let go of something
Engage in small acts of KINDNESS

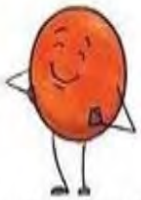
Social Skills Kids Need

www.thepathway2success.com

Following Directions

Using Self-Control

Showing Empathy


Having a Positive Attitude

Disagreeing Respectfully

Getting Along with Others

Using Coping Strategies

Dealing with Anger & Frustration

Seeing Someone Else's Perspective

Expressing Ideas, Feelings & Thoughts

Taking Responsibility

Using Positive Self-Talk

Understanding Choices

Understanding Personal Space

Taking Turns

Being a Good Sport

Appreciating Differences

Staying Calm in Times of Stress

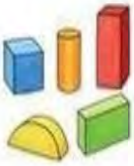
Being Reflective

Brainstorming Solutions

Self-Regulating Emotions

Dealing with Worries

Reading Social Cues


Sharing

Dealing with Problems & Conflicts

Apologizing

Accepting Consequences

Clipart by Kate Hadfield, Teacher Karma, & Sarah Pecorino

Can/Should my child go to school today?

Is your child or anyone in the family being tested for Covid19 and displaying symptoms or have self isolated?	**Stay at home**, for 14 days, and inform the school immediately. Monitor symptoms and if any doubt see your medical health care provider for a test and further advice. Lessons will be from the Hybrid model. Inform the class teacher for advice about when you think you are returning safely from isolation. **Do not send into school if any doubt!**
A student in my child's class has tested positive, and the whole class have been kept in their isolation	The school will inform directly the families of the class, any siblings, to go home immediately and where the cluster may have been. To isolate, continuing on Distance Learning.
My child's teacher has gone home with symptoms/tested positive but has been practicing safe measures?	The class can stay in school, to be monitored, because the teacher has kept all safe measures. The class will have a substitute to continue learning if the teacher is not able to teach remotely. Any issues with learning contact the Head of Primary (for primary) or the Hybrid Learning Coordinator or Academic Director.
Will the whole school community be informed each time there is a case or a suspected case?	No. We update our central track and trace spreadsheet continually. The classes are operating in isolation bubbles, the school is deep cleaned several times daily, students are using outdoor spaces and getting fresh air in classes in school and therefore this avoids transmission clusters across the classes. We are working with those directly affected immediately and keep the community informed weekly.
When/if will the school move onto a DLP and how long is this likely?	The country is now on RAG zones of danger from the 1st Oct and we liaise with the public authorities at all times on cases, numbers, operational safety and any developments. The DLP remains immediately operational at all times in the event of the school closing for a few weeks as case numbers are steadied and we can return to physical school. This will likely be the pattern of 2020-21.
What to look for?	**If you are in any doubt, do not allow your child to come to school. The three main symptoms to watch for are:** **1. a high temperature: any new high temperature where your child feels hot to touch on their chest or back (you do not need to necessarily measure the temperature)** **2. a new continuous cough: coughing a lot for more than an hour, or three or more coughing episodes in 24 hours** **3. a loss of, or change in, sense of smell or taste: a noticeable loss of smell or taste or things smell and taste different to normal**

If one of the students is tested positive with Covid-19, the whole class will be quarantined for 14 days. ***Siblings*** *do need to be in isolation as well.*

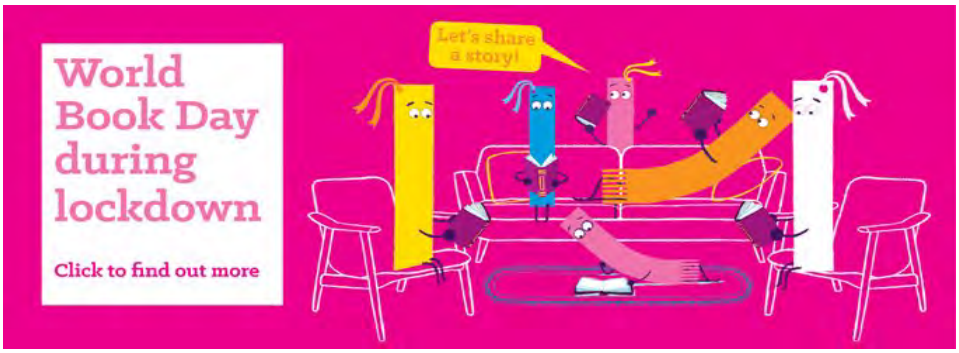
*For all the children who are in quarantine parents should fill in the e**pidemiological form:*** *https://forms.gle/Qk1DBdfa4BykX8Gq9 All the information provided will be sent to the Public Health Center.*

Necessary documentation for returning to school:

Before returning to school after the quarantine period, parents should present to classroom teacher the ***Declaration***

https://drive.google.com/drive/u/0/folders/1J0WBrE37gjfOQHJAXY3UR0DG_klSi7wc?q=owner:iute%40mail.ru

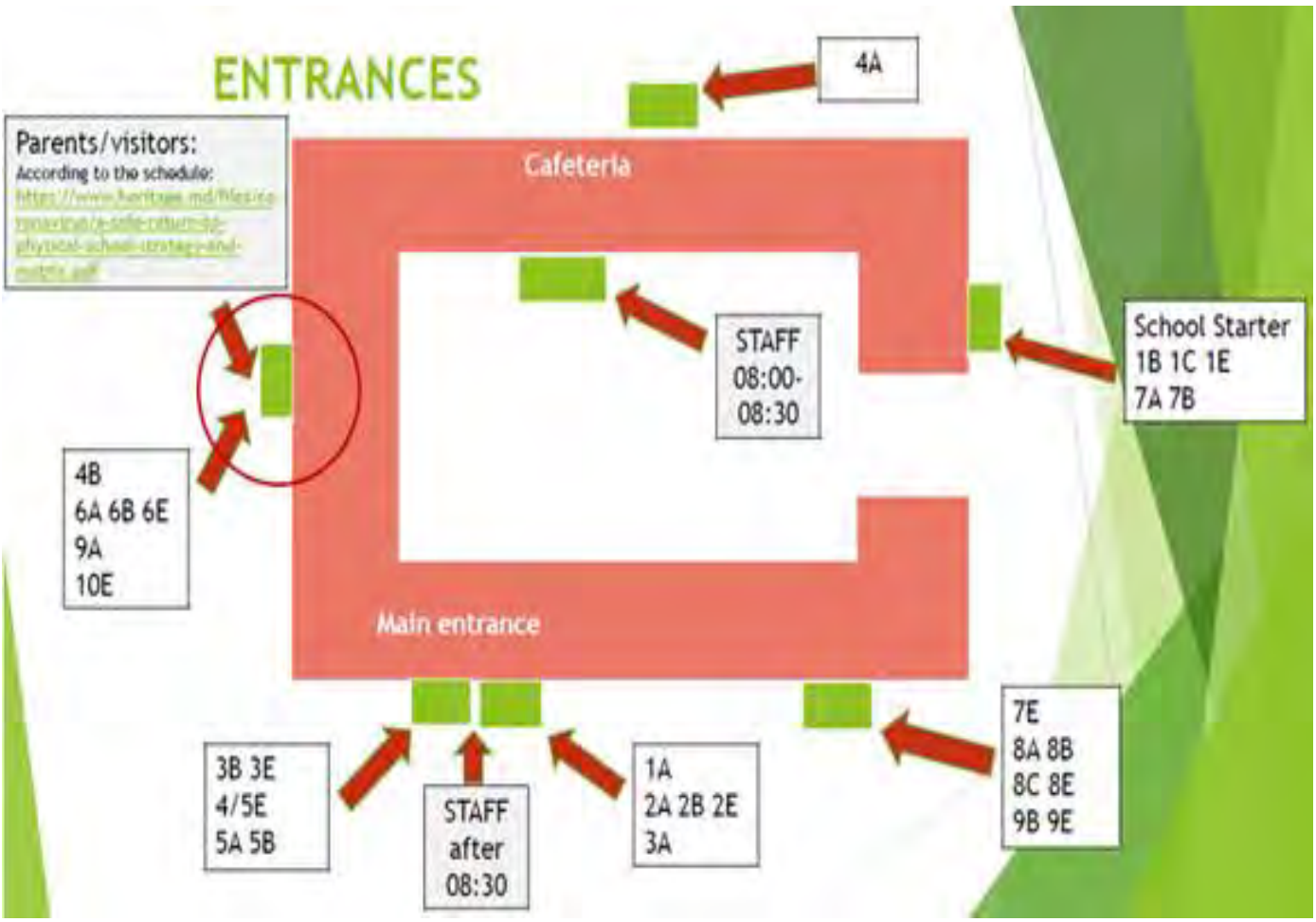
For children who have been tested positive with Covid-19 and in case of any disease, for return to school it is mandatory to present the ***medical certificate*** *with the 3 stamps, as a confirmation that the child can attend groups of children.*

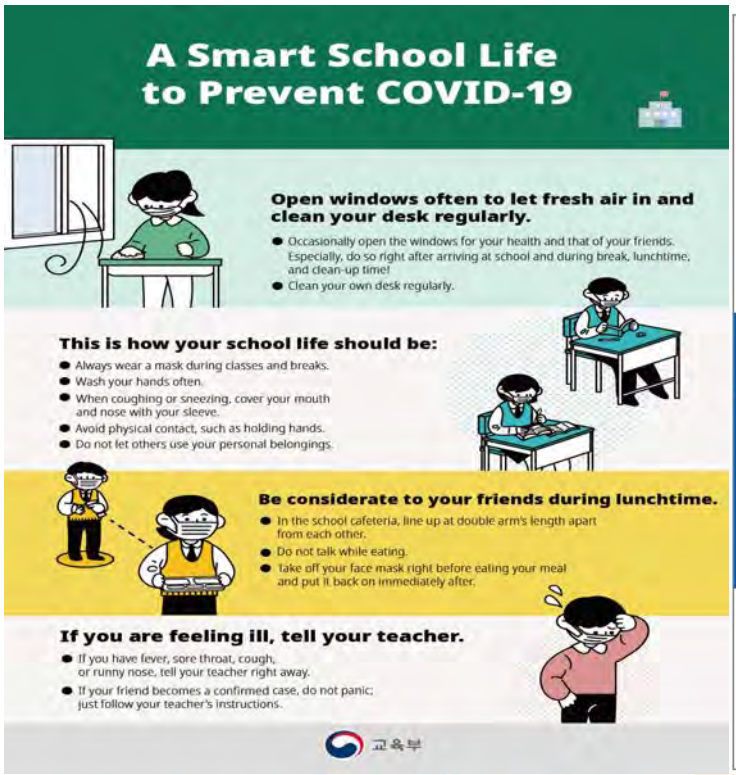


FORTHCOMING EVENTS

25th January,2021	*Heritage International Lyceum applications open for 2021-23 students*
15th February,2021	*6th Founders' Lecture, Baroness Royall, Principal of Somerville College, University of Oxford, former Leader of the House of Lords*
27th January,2021	*Holocaust Remembrance Day*
9th February, 2021	*EU/Etwinning Safer Internet Day*
15th-19th February 2021	*Literature Week*
18th-19th February 2021	*Movie Night - Primary School*
19th February 2021	*Readers Cup*
21st February 2021	*UN International Mother Language Day*
22nd-26th February 2021	*German Language Week*
22nd-26th February 2021	*Cambridge Lower Secondary Checkpoint - Mock exams*
25th-26th February 2021	*Movie Night - Secondary School*
1st March 2021	*Heritage Spring Fest*
4th March 2021	*World Book Day*
3rd-4th March 2021	*Parent-Teacher Conferences*
March 2021(date tbc)	*7th Founders' Lecture, John Rolfe MBE, Schools' Manager for the British Council*

5th-8th March 2021	*Spring Break*





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BRITISH COUNCIL INTERNATIONAL SCHOOL AWARD

eTwinning SCHOOL 2020-2021

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